# The Algoma Model

A Collaborative, School-Based Approach to Addressing Child and Youth Problem Behavior and Mental Health Issues that Promotes Positive, Healthy Communities

## **Objective**

To promote and support the positive behaviour, well-being and mental health of all children and youth in order to maximize their full potential.

### **Concept**

The model uses our schools as "hubs of opportunity" to support the mental health of our children and youth through a comprehensive range of natural supports, targeted interventions, specialized treatment, and crisis services.

#### Goals

- ✓ Develop a shared vision
- ✓ Deliver comprehensive, integrated services for children and youth through collaboration and partnership
- ✓ Develop a comprehensive range of services prevention through intensive intervention
- ✓ Enhance positive child and youth mental health in our communities
- ✓ Maximize the use of existing resources throughout the Algoma Region
- ✓ Strategically pool government funding to maximize community capacity

#### Rationale

- One in five children and youth, at any given time, experience a mental health issue
- Prevention, early identification and intervention lead to healthy communities
- Schools represent the single largest resource available to the children and youth in our communities – and play a key role in positive child and youth mental health and well-being
- Collaboration, joint decision-making, and strong community partnerships maximize the available resources and expertise

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Children and youth in acute behavioural / mental health crisis (<1%)

Children and youth with complex, diagnosable problem behaviour / mental health issues (~5%)

Children and youth at-risk of problem behaviour / mental health issues (~15%)

Children and youth currently without serious problem behaviour / mental health issues (~80%)

Crisis Services
Assessment / Stabilization

**Specialized Treatment** 

**Targeted Interventions** 

Natural Supports
Prevention and Early Identification

**Building Collaboration / Change Management** 

Evaluation / Accountability / Evidence Based Practice





